

# Food in Pakistan

Communal evening meals with one main dish are common.

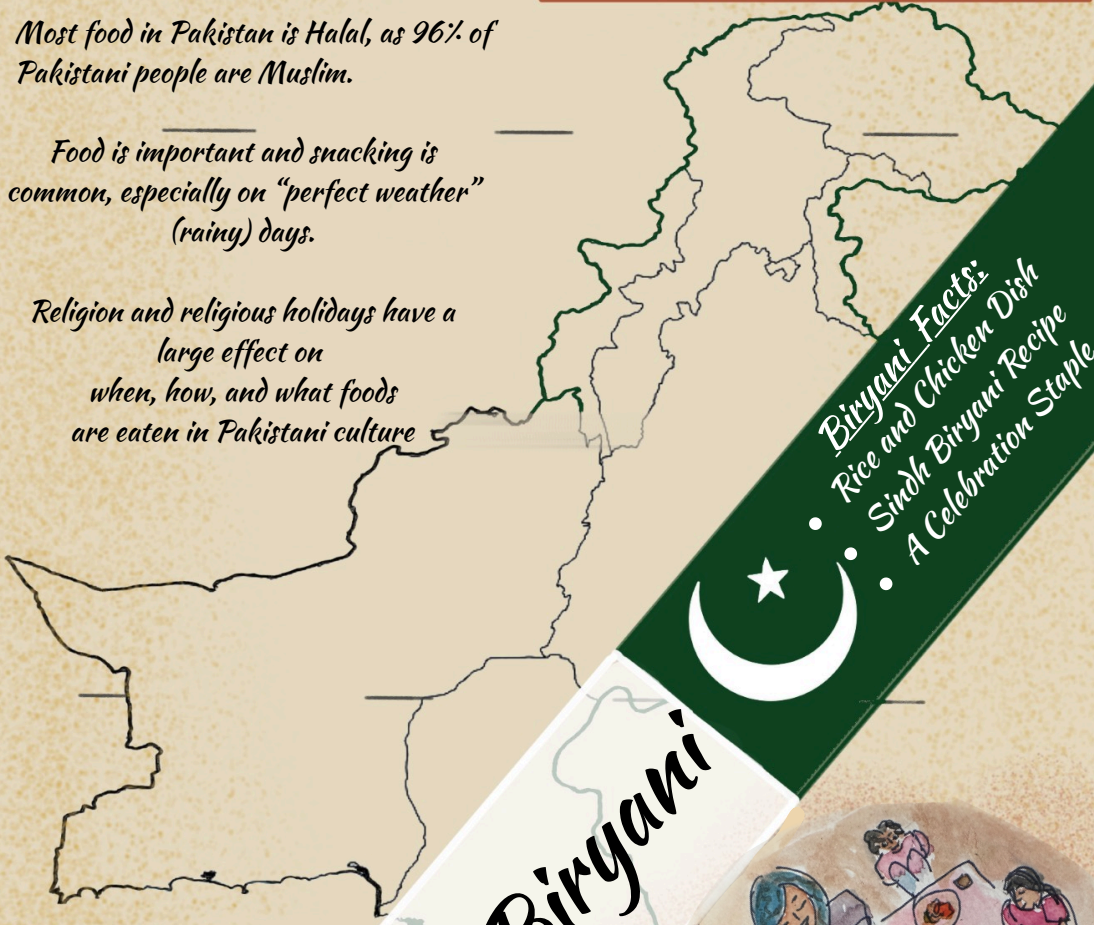
Chai is a daily part of life, often drunk several times a day.

Most food in Pakistan is Halal, as 96% of Pakistani people are Muslim.

Food is important and snacking is common, especially on "perfect weather" (rainy) days.

Religion and religious holidays have a large effect on when, how, and what foods are eaten in Pakistani culture

## Other Notable Dishes in Pakistan



# Pakistani Biryani



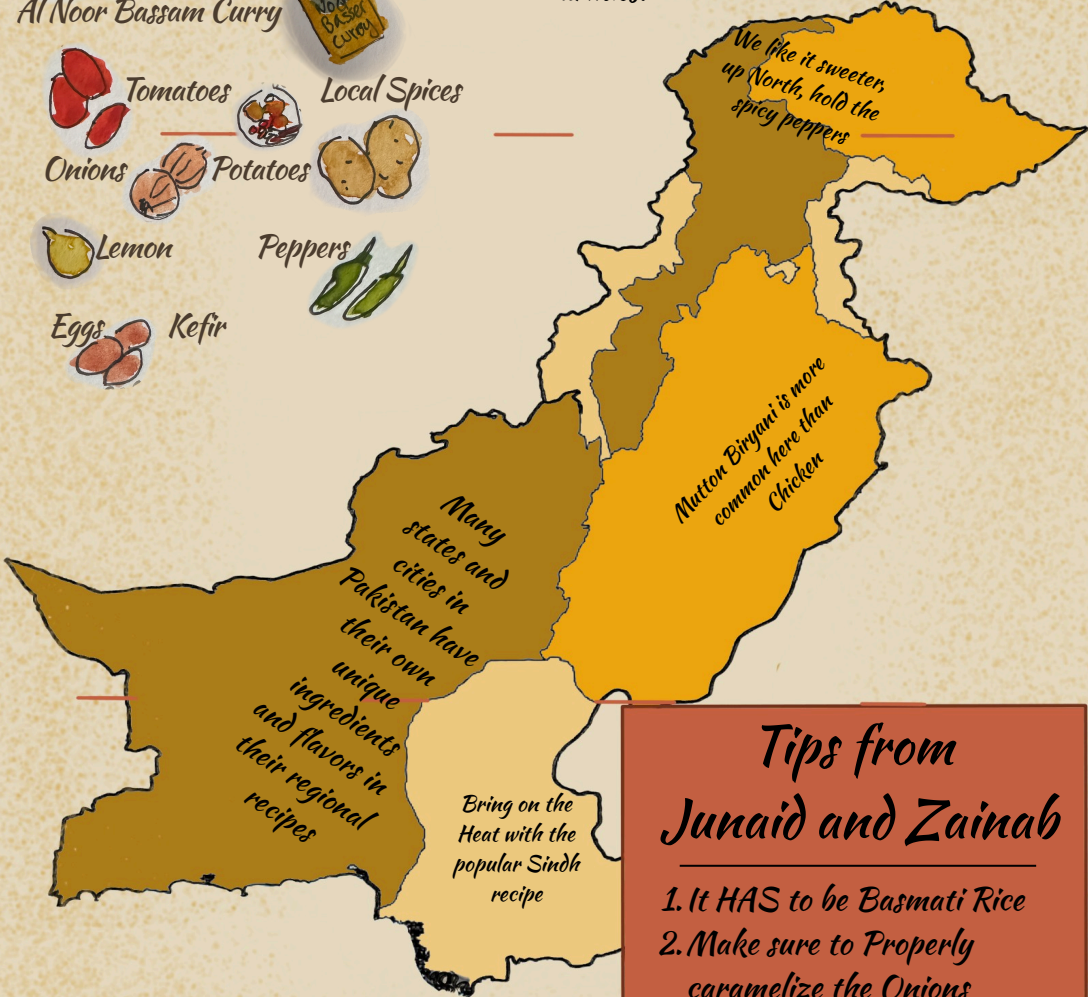
# Ingredients

Origins of Biryani in Pakistan can be traced back to 16<sup>th</sup> Century. The (Persian) Mughal Empire brought Biryani to Southern Asia with their armies.

Each region of South Asia put their own spin on the original over the centuries.



Al Noor Bassam Curry



## Tips from Junaid and Zainab

1. It HAS to be Basmati Rice
2. Make sure to Properly caramelize the Onions
3. Layering Is Important: alternating a layer of rice and then the chicken curry then rice then curry etc., all topped with crispy onions and hard boiled egg

Our recipe was taught to us by Junaid and Zainab, who took their time to walk us through each step and helped our dining hall staff to bring this meal to all OSU students today. Many thanks to the both of them for sharing their Culinary Heritage with our University.